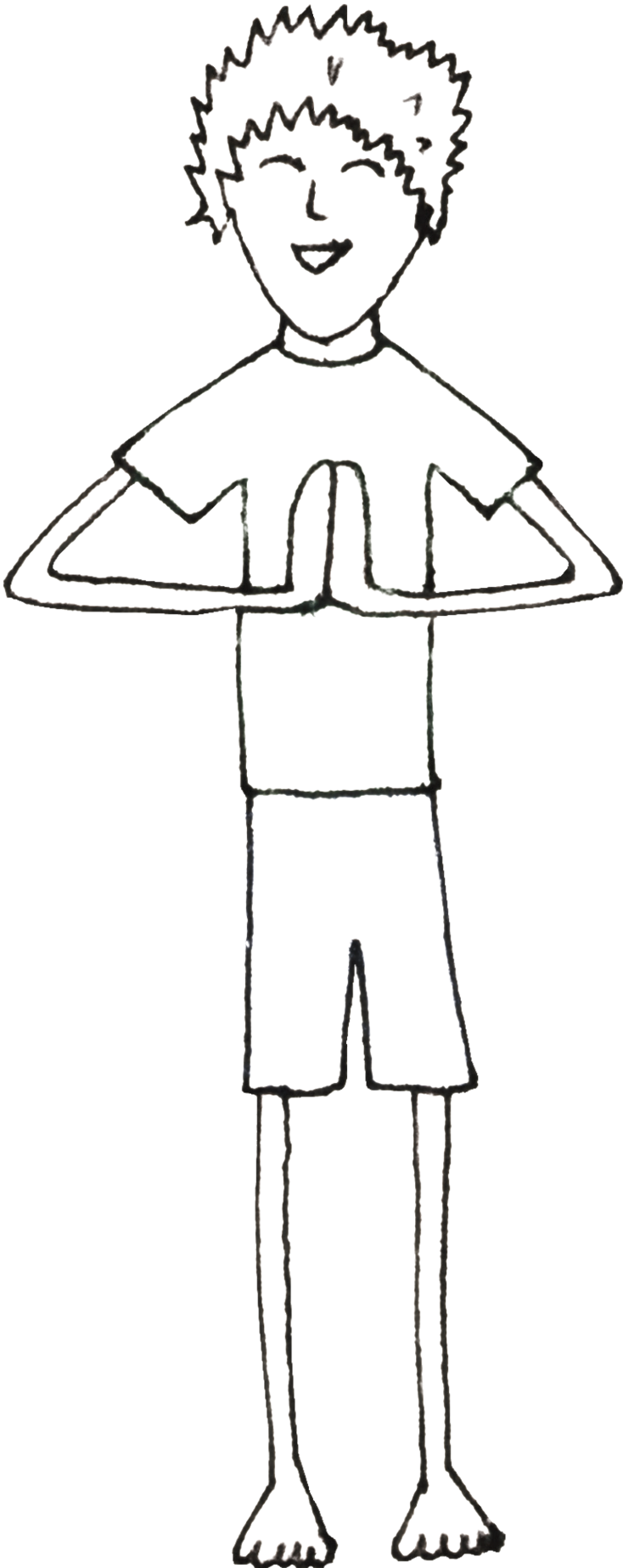




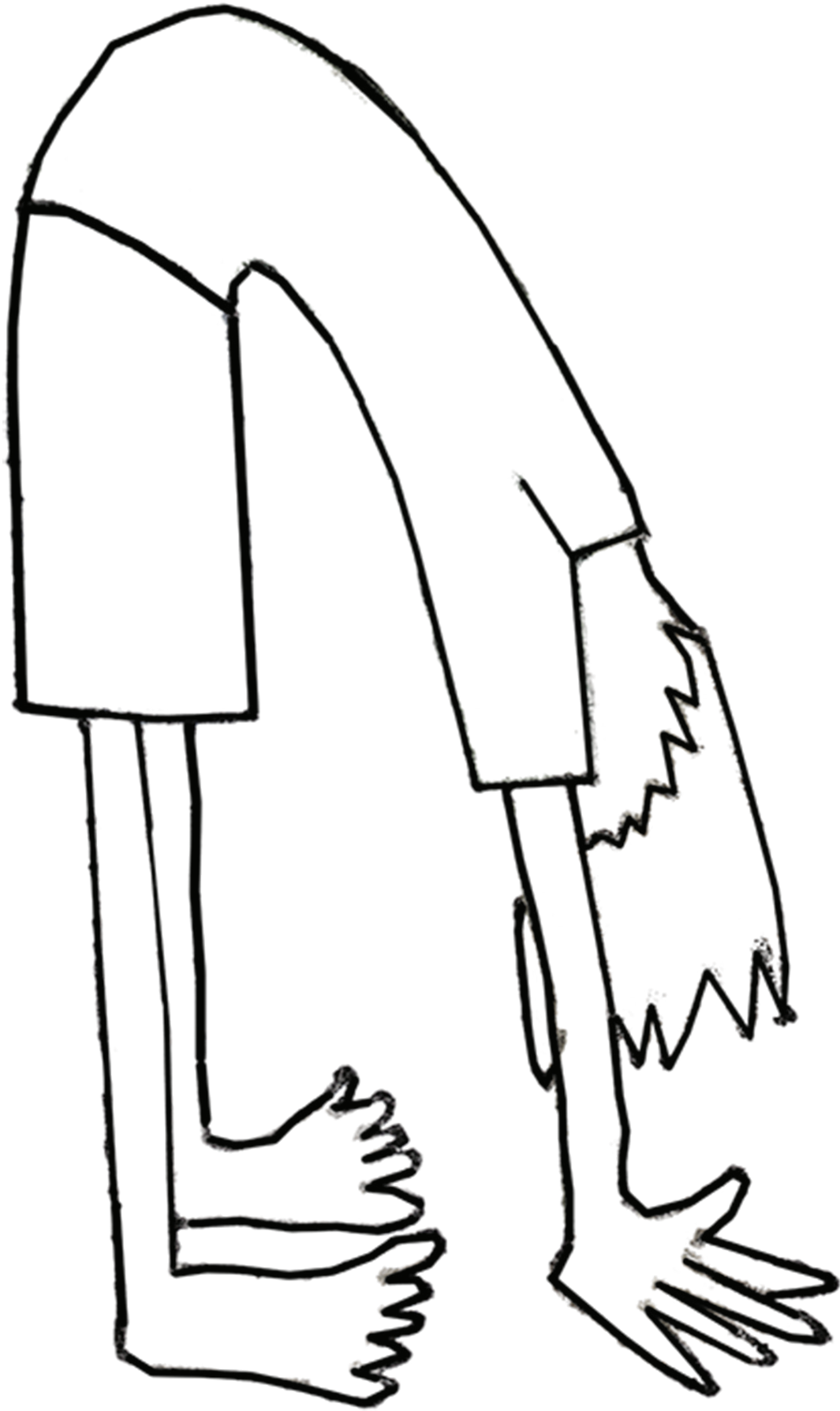
SOLIDLY GROUNDED

Coloring Book

BY:
**GROUNDED
KIDS**
AND THE
YOGAVATOR

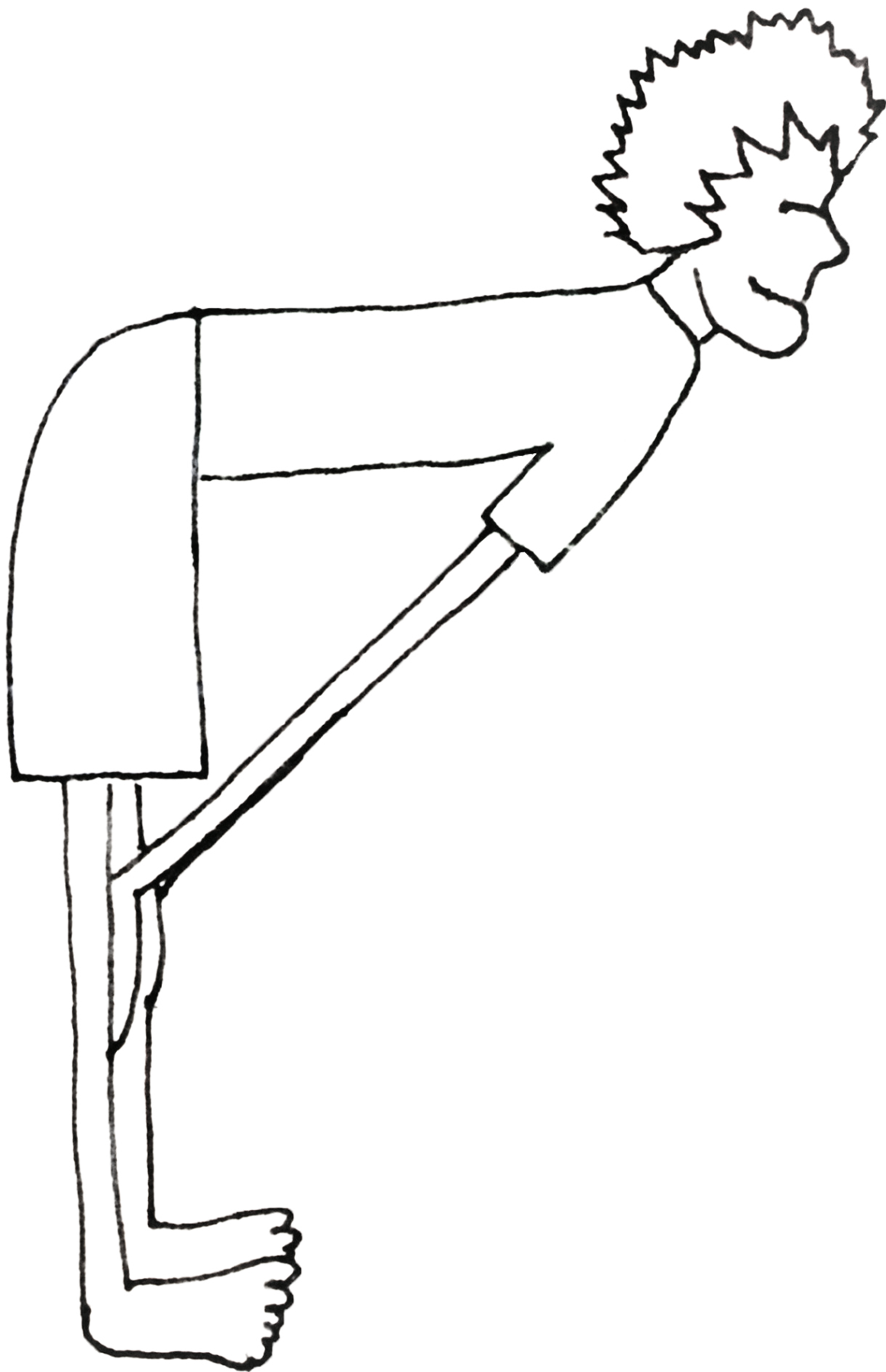


MOUNTAIN

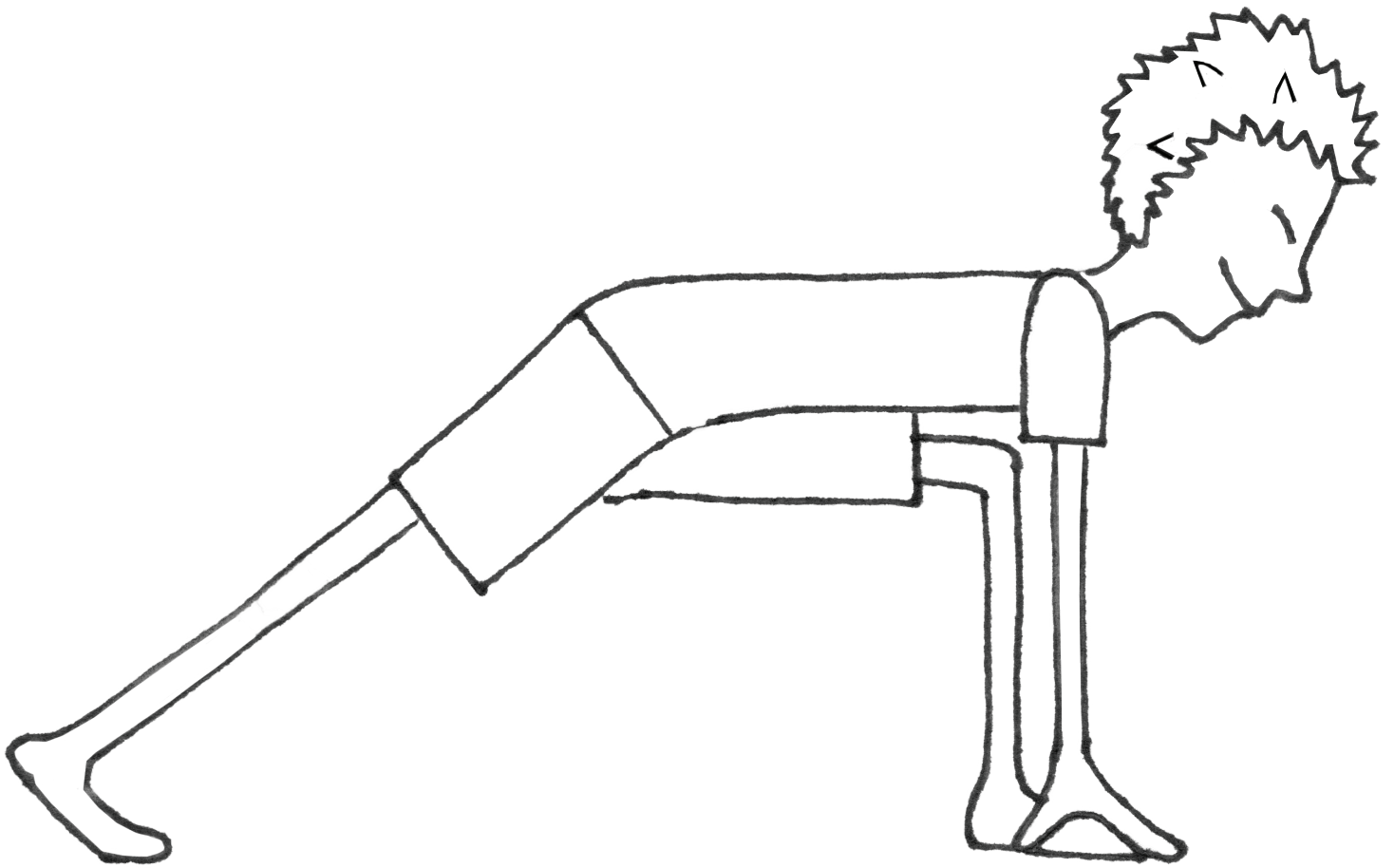


FORWARD FOLD

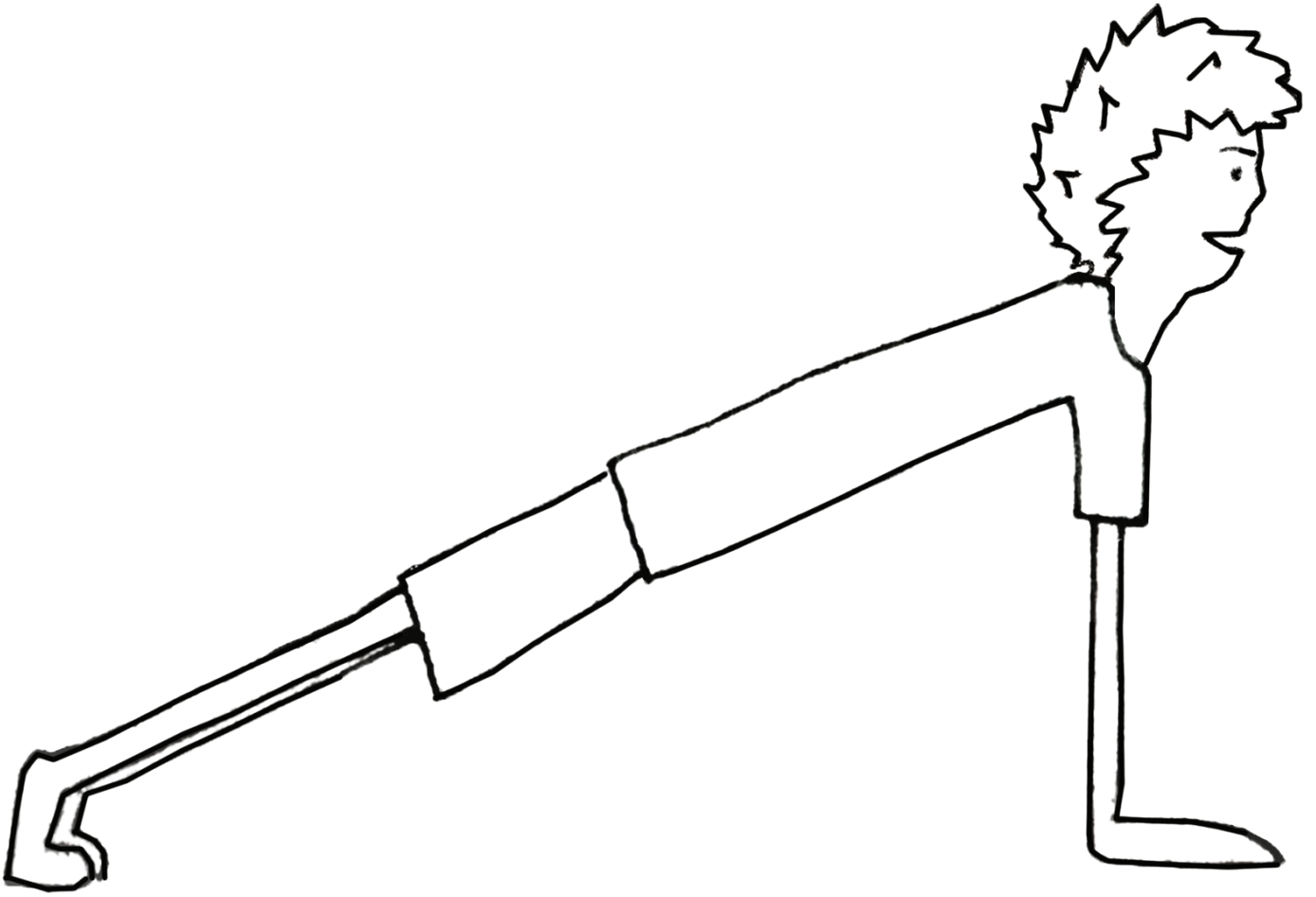




HALF LIFT

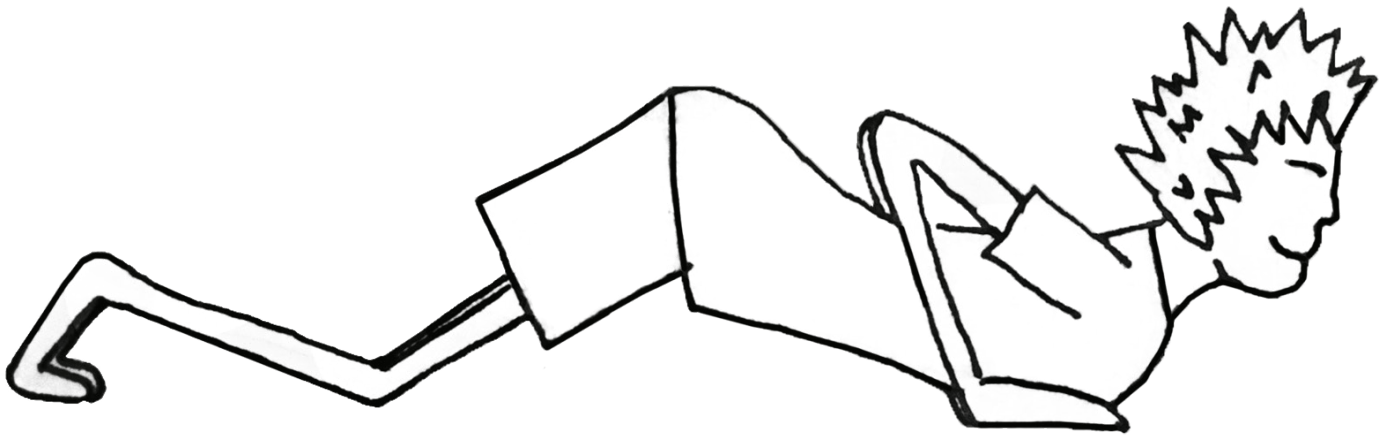


STRAIGHT LEG LUNGE



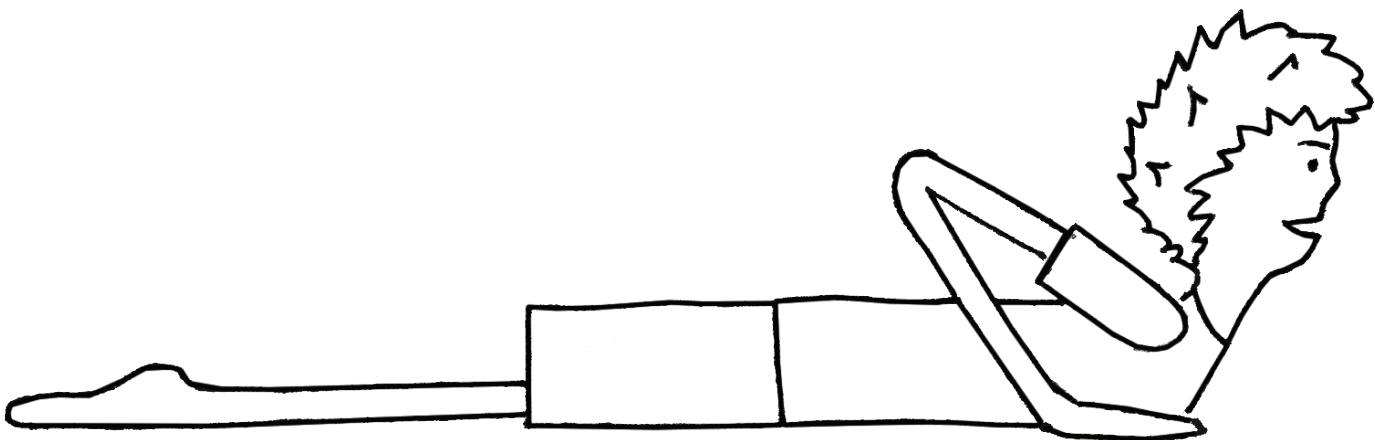
PLANK



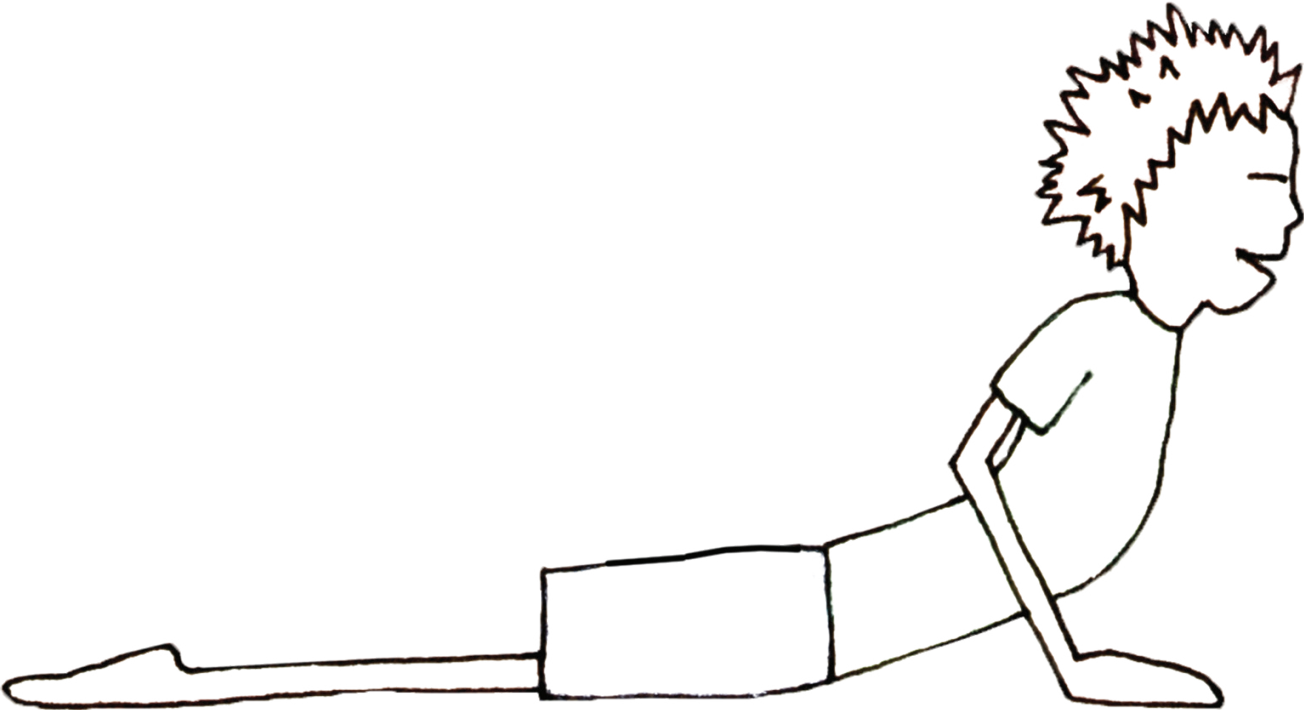


GRATITUDE



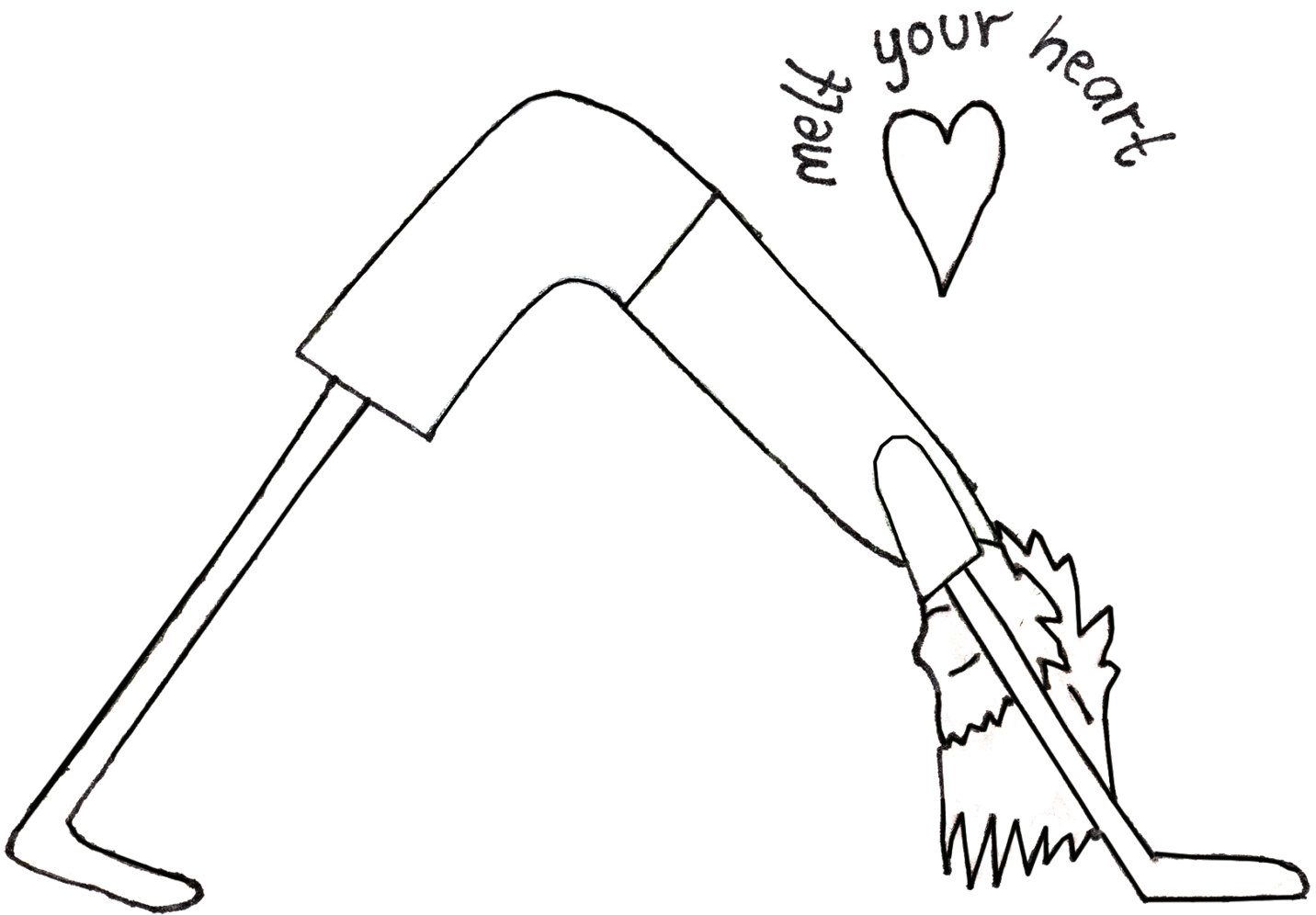


FLAT LIKE A PANCAKE

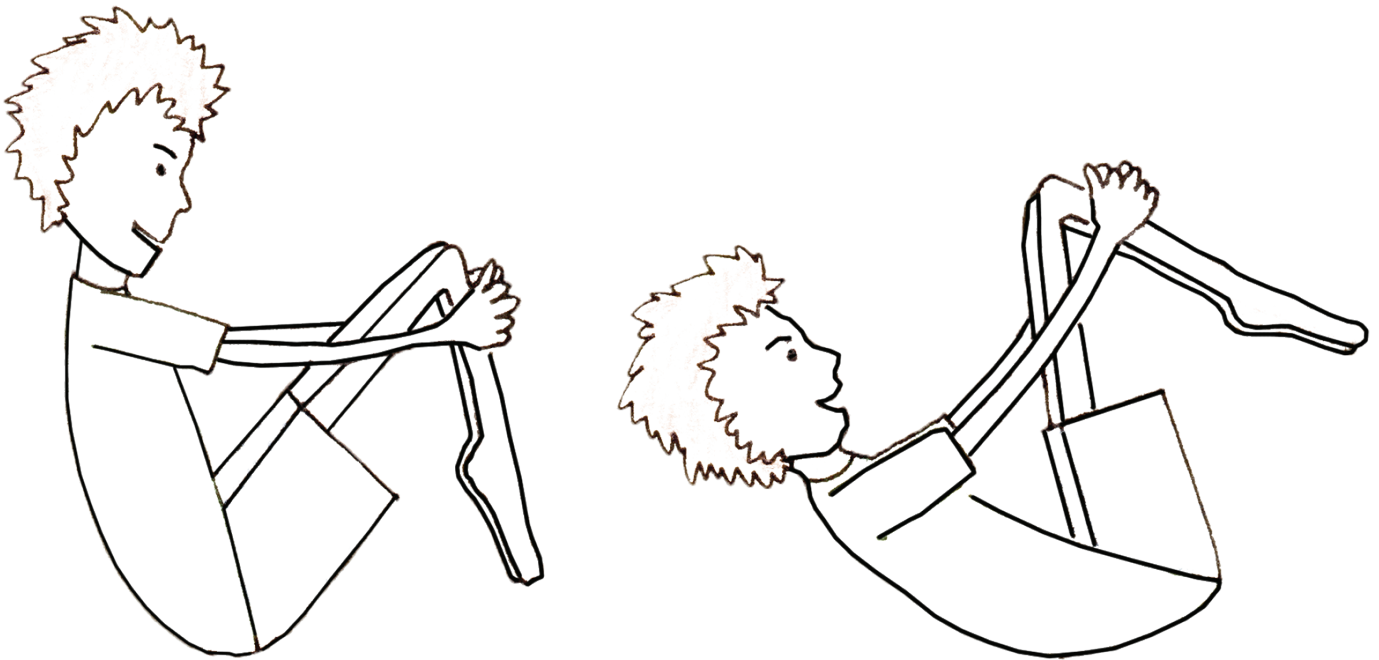


SNAKE



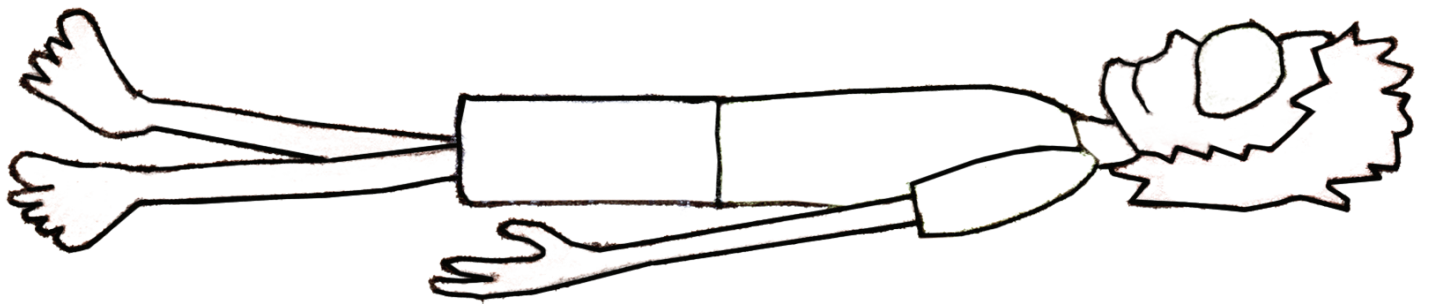


DOWN DOG



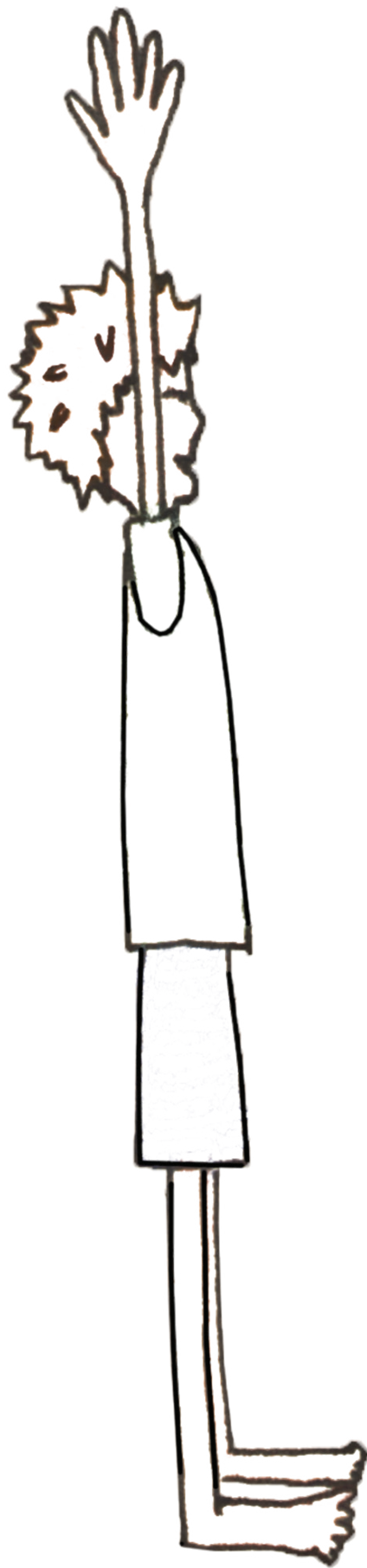
ROCK AND ROLL





RESTING POSE





TALL MOUNTAIN